# MEDICAL STUDENTS FOR CHOICE

# MEDICAL ABORTION IN CANADA EVENT PLANNING GUIDE

Medical Abortion is a private and safe way to induce abortion during the first trimester of a pregnancy. There are different regimens using mifepristone and misoprostol depending on gestation and availability of the drug. Invite a faculty member, resident, or reproductive health expert from the community to present a brief lecture and/or lead the workshop. (Let us know if you need help finding a facilitator.)

#### **Presentation:**

Medical Abortion in Canada

## A month prior to the event...

- Choose a date that works with your school schedule and with the schedule of a faculty member, practitioner, resident or experienced medical student who can lead the event.
- Reserve a room.
- Advertise!

# The day of the event...

• Get a list of the participants to add to your mailing list.

#### After the event...

Follow up with MSFC by sending us photos, a testimonial, or a short write-up to <a href="mailto:students@msfc.org">students@msfc.org</a>!

### **Additional Readings and Resources:**

- NAF Protocol for Early Abortion with Mifepristone and Misoprostol
- Regulatory Decision Summary: Mifegymiso
- Access to Abortion in Canada
- FAQs: Mifegymiso in Canada
- Helping Strangers Through Abortions in Rural Canada
- <u>Early Abortion Training Workbook (TEACH)</u>
- Comparing Medical Abortion and Surgical Abortion Protocols (Reproductive Health Access Project)
- Misoprostol for Incomplete Abortion: A Guidebook (Gynuity)
- Medication Abortion Brief 1: Making protocols and regimens more user friendly (Ibis)
- Comparing two early medical abortion regimens: mifepristone+misoprostol vs. misoprostol
   <u>alone.</u>Contraception. 2011 May;83(5):410-7. doi: 10.1016/j.contraception.2010.09.002. Epub 2010 Oct
   18. PubMed PMID: 21477682. (PDF)
- Can mifepristone medical abortion be simplified? A review of the evidence and questions for future research. Contraception.2007 Apr;75(4):245-50. doi: 10.1016/j.contraception.2006.11.011. Epub 2007 Jan 18. Review. PubMed PMID: 17362700. (PDF)
- Alternatives to ultrasound for follow-up after medication abortion: a systematic review. Contraception. 2011
  Jun;83(6):504-10. doi: 10.1016/j.contraception.2010.08.023. Epub 2010 Oct 8. Review. PubMed PMID:
  21570546. (PDF)